PISEWORTH IALOGUE



Dave Adcock Awarded First Prize in the Village Venture Award organised by the LRRCC Best Village Competition

SEPTEMBER 2006 ISSUE No 119

Delivered free to households in Diseworth

http://www.diseworth.org



The Diseworth Dialogue

COMMITTEE

Chairman	Jim Snee	812345
Editor	Sue Brompton	850592
Treasurer	Christine Agar	850181
Vice Chair	Liz Jarrom	810358
Asst Editor	Carly Snee	812345

Committee Sue Bird, Denise Blenkinsopp, Victoria Britton, Janet Coulson, Jan Firth,

Linda Gaymer, Nikki Hening, Judy Keane, Sandie Moores, Julia Sillitoe,

Ruth Smith

Delivery Team Leader - Linda Gaymer, 812246

Sue Bird, Norma Chapman, Janet Coulson, Nancy Cowley, Julie Doyle, Rosalyn Edwards, Jan Firth, Sue Hill, Jayne Moore, Sandie Moores,

Pauline Needham, Rosie Smith

Details of our committee meetings can be found in the diary section of the magazine. We extend an open invitation to members of the village to come to our meetings.

CONTRIBUTIONS

Please let us have your items for publication (this includes advertising) by the 7th of the month for the following month's issue. Remember that we produce 2 double issues (July/ August and December/January). All contributions will be considered for publication. They can be delivered to any committee member or emailed to admin@airnig.co.uk and to sue@cbrompton.fsnet.co.uk or via our village web site at http://www.diseworth.org Contributions for our dispatches page are most welcome. Share your news with the village -birthdays, weddings, anniversaries, congratulations etc. When contributing, please include your name. We do need your name, but we won't publish it if that's your wish. If you're a child, our readers appreciate seeing your age too!

ADVERTISING

Advertisements in our Yellow Pages can be placed yearly or monthly according to your needs. Please contact **Victoria Britton**, **01332 850184** for details.

DISCLAIMER

Any views or opinions expressed within the pages of the *Diseworth Dialogue* are not necessarily those of the Editorial Team or Committee. All advertisements are accepted in good faith.

OUR PRICING POLICY

We aim to be able to deliver one copy of the *Diseworth Dialogue* to each household in Diseworth. Our objective is to fund production through advertising, fund raising and voluntary contributions. We aim to deliver a quality publication which enriches village life and encourages such voluntary contributions, these we invite annually. Additional copies are available for purchase at 50p. If you know somebody living outside the village who would like to have a copy mailed on a subscription basis, please let us know. Mail subscription is £10 per year, including postage.

Designed & produced by Ruth Smith, Telephone 01332 811538 Printed by The OfficeWay.com Telephone 0800 068 4666

Contents



Regulars

Church News	6/12
Country Matters	14
Diseworth Diary	4
Dispatches	25/26
Editor's Letter	5
Green Living	15
Health Page	33
Heritage Centre	18
Millennium Meadow	28
NEMA	31
Parish Council	16
Parish Plan	17
Snap this!	30
Women's Group	35

Features

Jackie's Kitchen Wins County Award page 19

Summer in Diseworth 2006 page 20/21

Agricultural Weekend	13/29
Flower Show	22/24
Music News	37
Patient and Public	
Power	32
Poem -	
Oh - To Be In Diseworth	30
Royal British Legion	
Awards	27
Stroke - Information	38
Thank You Sheila	34
Three Girls In A Canoe	36/37

Notices & Ads

Agricultural Weekend	
Appleby Magna Museum Visit	
Flower Show	
Harvest Supper	

Diseworth Diary



Friday 1st Sunflower Measuring. 2pm onwards. Monday 4th Women's Group. Flower Arrangement.

Wednesday 6th PCC In church. 7.30pm. Saturday 9th Diseworth Open Flower's

Saturday 9th Diseworth Open Flower show. Tuesday 12th Bookworms. 7 Lady Gate 2pm.

Tuesday 12th Social & Fund Raising Group. Wartoft Grange. 7.30pm.

Tuesday 12th Appleby Magna Museum & Heritage Centre. £3 Please book.

Meet at Bull & Swan. 6.30pm.

Saturday 23rd Coffee Morning. In church. 10am – 12noon.

Saturday & 23rd

Sunday 24th Ford and Fordson Weekend at Diseworth.

OCTOBER

Friday 6th Annual Harvest Supper. Village Hall. 7.30pm.

Monday 9th Women's Discussion Group. 20 Clements Gate. 2pm.

"Déjà Vu".

NOVEMBER

Monday 6th Women's Discussion Group. 7 Lady Gate. 2pm. "Big

Brother & Nanny State"

DECEMBER

Monday 4th Women's Discussion Group. 11 The Woodcroft.

KEGWORTH VINTAGE AGRICULTURAL CLUB AND THE

FORD & FORDSON TRACTOR
ASSOCIATION
ARE HOLDING A

FORD & FORDSON WORKING WEEKEND

AT DISEWORTH SEPTEMBER 23rd & 24th

> more details Page 29

Castle Donington Farmers'
Market
Every 2nd Saturday of the

month

9am 'till 12.30pm

at

St Edward's Primary School

Dovecote

September 9th

October 14th

November 11th

December 9th

A Letter From The Editor 🖘

Welcome to the September issue of the *Diseworth Dialogue*. The summer months have flown by as usual but the Dialogue team are pleased to be back in action, rested and refreshed.

Congratulations to Dave Adcock on being awarded First Prize in the Village Venture Award organised

by the Leicestershire & Rutland Rural Community Council. This award was well deserved recognition of his purpose in creating a new kitchen in the village hall. At the judging in Diseworth back in July, Dave's presentation to the judges was received with admiration. His dedication, determination and organisation of the project in Jackie's memory was an inspiration to all those who helped to complete this wonderful memorial. Turn to page 19 for more on the Awards Presentation at County Hall.

Since Julia Sillitoe took on the position of photographer for the *Dialogue*, we have enjoyed some splendid pictures in these pages. Julia has been busy again in the last couple of months and the results of her work can be found throughout the magazine.

Most of the Parish Plan questionnaires should have been completed and returned by now. The work that the co-ordinators of the plan put in is to be applauded. Hopefully the feedback from the forms will have a positive effect on our community.

The Diseworth Open Flower Show will take place next week. A lot of hard work and organisation has gone on behind the scenes. Let's hope that the entries, turnout and weather are equally good. Later this month there will be an amazing opportunity to attend a ploughing match and other attractions at the farms of Geoff Bonser and David Bird. Details of this event can be found on pages 13 & 29.

Finally, it is wonderful news that Diseworth Heritage Trust has been awarded a grant towards the refurbishment of the Baptist Chapel. The project is considerable and not a little daunting but the energy, optimism and commitment of the trust members will doubtless achieve success.

Sue Brompton

St Michael and All Angels Parish Church



Hello,

When I was asked to write an article for the magazine to introduce myself I did what I always do when I need time to think – I headed for our spare bedroom. You maybe thinking that I needed a bit of space, quiet time or a lie down, but actually I needed the ironing board and the basket full of newly washed, but creased linen. This may sound strange but I enjoy ironing, especially when I need to mull things over. There is something about seeing the creases disappear from a favourite top as it is restored to its pre washed glory, which is highly satisfying. I also have a habit of putting on a film during ironing sessions, usually a romantic comedy. It plays on in the background, and in between garments I watch as two people and a variety of family and friends endure numerous comic situations and confused misunderstandings until finally, just when you thought the opportunity was lost, there is a reconciliation and a happy ending. At the end of this time I am uplifted and relaxed, and in the process I have something to wear.

Sometimes other relationships can be like that. My relationship with God has been a bit like one of those stories. It has been on, and then off and then in the background and then very well and truly on! There have been times when I was interested and there have been times when, to be honest I just haven't thought about God, let alone the Church. The good news is that through out all that, I have come to realise that God was always interested in me! Well more than interested, in fact God had always loved me, just the way I was. No changes, warts and all! For some of you who have seen the film 'Bridget Jones Diary' you will remember a turning point in Bridget's relationship with Mark Darcy when he tells her that he likes her 'just the way she is'. This surprises Bridget, as she has become used to being expected to change in someway, to fit other people's expectations, but not this time.

I too was surprised, as when my interest in God was reignited I started to dip into the bible, and as I read I found out more about the character of God through the words of Jesus. I realised God wasn't asking me to change, to iron out all the creases and issues in my life, or even to make sacrifices, He

St Michael and All Angels Parish Church

	Parish Church	
TEAM RECTOR		
Revd. Nigel Tuffnell	The Rectory, 24 Nottingham Road,	
	Kegworth, Derby, DE74 2	
	email envadvisor@yahoo.co.uk	01509 673146
TEAM VICAR		
Revd. Alison Prince	The Rectory, Belton	01530 223447
CURATE		
Revd. Julie Ann Heath	87 Leicester Road, Ashby-de-la-Zouch	h,
	LE65 1DD	01530-414549
	email: jaheath@globalnet.co.uk	
READERS	, ,	
Mrs Celia Harris		01509 844141
Mrs Nadine Hawkins		01509 646957
Mrs Audrey Hunt		01509 646478
CHURCHWARDEN		
Mr David Bird		01332 810381
ASSISTANT WARDENS		
Miss Rosalyn Edwards		01509 844052

was just asking me to love Him. As I have begun to accept that love I have felt motivated to reciprocate, and now I am fully restored in my faith in a loving God.

Mrs Muriel Howe

Which brings me back to my introduction. My journey with God has brought me to this benefice. I haven't travelled far, just from Ashby de la Zouch, where my home is. I don't travel alone; I bring with me, Barry, my husband of twenty years. I will not be with you on a full time basis, as I am a non-stipendary minister and as such part time, but rest assured my love and prayers will be full time.

To those I have met so far thank you for your welcome, openness and hospitality, and for those of you I have yet to meet, let's make it soon! Love & blessings,

Julie Ann Heath

01332 850338

N.B. A Non-Stipendary minister is a minister who is self-supporting, they offer their time voluntarily.

St Michael and All Angels Parish Church

Services and Locations for September 2006

	Time	Service	Location
September 3rd	8.00am 10.30am	BCP Holy Communion CW Holy Communion Family Service All Age Worship	Hathern & Kegworth Belton Hathern & Kegworth Long Whatton C. Ctre
	6.15pm	BCP Evensong	Diseworth Kegworth & Belton
September 7th	9.00am 9.30am	School Assembly Little Angels	Diseworth Diseworth
September 10th	8.00am 10.30am	BCP Holy Communion Family Service CW Holy Communion	Belton & Kegworth Diseworth Hathern & Kegworth
	6.15pm	Benefice Healing Service	
September 17th	8.00am 9.00am 10.30am	BCP Holy Communion CW Holy Communion CW Holy Communion Family Service	Kegworth Osgathorpe Diseworth Belton & Kegworth
	6.15pm	Songs of Praise BCP Holy Communion BCP Evensong	Diseworth Hathern Belton, Kegworth & LW Methodist Church
September 24th	8.00am	BCP Holy Communion	L. Whatton & Kegworth
	10.30am	CW Holy Communion Family Service	Hathern & Kegworth Osgathorpe & L. Whatton
	6.15pm	Harvest Evensong BCP Evensong	Long Whatton Belton, Hathern & Kegworth
September 27th	7.30pm	Benefice Praise Evening	Hathern
September 29 th Patronal Festival	7.30pm	CW Holy Communion St Michael & All Angels	Diseworth

St Michael and All Angels Parish Church

Week Day Services

	Time	Service	Location
Tuesday	12.30pm	CW Holy Communion	Belton
Wednesday	9.30am	BCP Holy Communion	Kegworth

Bell Ringing at Diseworth Mondays 8pm

Altar Flowers and Church Brasses		
	Flowers	Brasses
September 3 rd /10 th September 17 th /24 th	Mrs S Bird Mrs P Cotton	Mrs M Linthwaite Mrs D Griffin

Lessons and Readers for September 2006

	Time	Reader	Sidesman
September 3rd Trinity 12	6.15pm 1st Reading: Deuteronomy 4 2nd Reading: James 1.17-27 Gospel: Mark 7.1-8,14-15,21	R Edwards	F Hill
September 10th Trinity 13	1 st Reading: Isaiah 35.4-7a 2 nd Reading: James 2.1-10,1 Gospel: Mark 7.24-37	4-17	
September 17th Trinity 14	10.30an 1st Reading: Isaiah 50.4-9a 2nd Reading: James 3.1-12 Gospel: Mark 8.27-38	S Brompton M Howe	G Stone
September 24th Trinity 15	1 st Reading: Jeremiah 11.18- 2 nd Reading: James 3.13-4.3 Gospel: Mark 9.30-37		

If you are unable to read on the date shown please arrange for someone else to do so.

News From The Pews

Sabbatical - 1st September to 30th November 2006

Rev Alison Prince will be away on sabbatical for three months in the autumn. During that time, please direct all phone calls to Rev Nigel Tuffnell (01509 673146), if necessary. However, first try to deal with issues locally via the churchwardens. Although Alison will be away, Ray will be living at the rectory in Belton and will forward post to Nigel and the churchwardens, as applicable.

Please pray for Nigel and Julie Ann with their increased workloads and Ray and Alison that this three months study leave will be fruitful in their faith journey together.

Tombola Stall

The church will again be running a Tombola Stall at the Flower Show on 9th September. If you have any items you could donate for this stall, please either give them to a PCC member or leave them in church

Other Benefice Services, Meetings and Social Events in September

September 2 nd	Saturday	Hathern Church Coffee Morning 10am-12noon
September 5 th	Tuesday	Kegworth House Group 7.30pm
September 6 th	Wednesday	Diseworth PCC 7.30pm
September 6 th	Wednesday	Hathern House Group 7.30pm
September 9th	Saturday	Leics. Historic Churches Sponsored Ride & Stride
September 9th	Saturday	Kegworth Church Coffee Morning 10am-12noon
September 9th	Saturday	Church Warden's BBQ, Shepshed Rectory 6-9pm
September 12 th	Tuesday	Belton House Group 7.30pm
September 16 th	Saturday	Long Whatton Coffee Morning 10am-12noon
September 19th	Tuesday	Kegworth House Group 7.30pm
September 21st	Thursday	Benefice Meditation Group, Kegworth Rectory
		7.30pm
September 23 rd	Saturday	Diseworth Church Coffee Morning 10am-
		12noon
September 25 th	Monday	Benefice Bible Study, 33 Green Hill, Hathern
		7.30pm
September 27 th	Wednesday	Benefice Praise Evening, Hathern 7.30pm
September 30 th	Saturday	Benefice Outing to Ely

There are also meetings of the Mothers Union throughout the Benefice and Kegworth Wives Group, to which all women are invited. Kegworth Men's Group is open to all men.

Please contact Nigel for further details of any of the above groups, to which all are welcome.

News From The Pews



New Hymn Books We used the new

We used the new
Mission Praise
hymn books for the
first time at a
Songs of Praise

service in June. It was suggested then that we have a special evening when we can learn some of the many new hymns/ songs that are in the book. The Hathern Praise Group have kindly agreed to come to Diseworth Church at 6.15pm on Sunday, 17th September to lead us in the singing. We hope many of you will be able to come along for an informal and lively service.

The PCC will meet in church at 7.30pm on Wednesday, 6th September.

The Social and Fund Raising Group will meet at Wartoft Grange at 7.30pm on Tuesday,12th September.

A service for Healing
Peaceful
Quiet
Healing

Healing Open to all

Sunday 10th September 2006 6.15pm Hathern Church

Details: Revd. Nigel Tuffnell, The Rectory, 24 Nottingham Road, Kegworth DE74

Coffee Morning with Fair Trade Stall

There is a regular Fair Trade stall at our monthly coffee mornings on the 4th



Saturday of each month. The stall stocks a variety of fair trade items including tea, coffee, kitchen rolls, cards and gifts. Anything that is not in stock can be ordered.

The next monthly Coffee Morning will take place on Saturday, 23rd September in church from 10am to 12 noon.

As well as the fair trade stall there will be a bric-a-brac and bring and buy stall. Please come along.

Harvest Supper

The annual Harvest Supper will take place in the Village Hall on Friday, 6th October at 7.30pm. Please order your

tickets in good time from David & Sue Bird, 01332-810381.

Leicestershire Historic Churches Trust Annual Ride & Stride Event

This event takes place on Saturday, 9th September, when cyclists and walkers seek sponsors for the number of churches visited during the day. The money raised is shared equally between the Trust and the church. Lists of open churches and sponsor forms are available in church or from Sue Bird, 01332-810381.

Catholic Church of the Risen Lord. Hillside, Castle Donington Mass every Sunday 9am





Kegworth Methodist Church High St. Kegworth



Sunday Services

Morning Worship - 10.30am Praise Worship - 6.15pm (First Sunday each month) Minister – Rev. Manville Wiles. Tel. No. 01509 672479



Kegworth Baptist Church High St. Kegworth



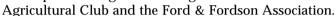
Sunday Services

Morning Worship & Sunday School – 10.30am Evening Worship – 6.15pm (2nd and 4th Sunday each month)

Minister – Rev. Colin White. Tel No. 01773 832105

Agricultural Weekend Supports Local Charities

Diseworth Farmers Geoff Bonser and David Bird are to host a large outdoor event on the weekend of 23^{rd} & 24^{th} September at their adjoining estates: Woodhouse Farm and Wartoft Grange. The event is being co-ordinated with the help of the Kegworth Vintage



Geoff has hosted ploughing matches for the Kegworth club for a number of years but this will be the first event of its kind in the country for the Fordson Association and many entries have already been received. The weekend kicks off on Saturday morning with an agricultural based auction of tools, garden equipment and machinery. This will begin at 11.00am and will be conducted by Bagshaws Auctioneers who are making no charge for their services.

The Ploughing Match has grown with anticipated entries of 60-70. It will include Shire horses, garden tractors, vintage & modern tractors. The match will start at 10.00am on Sunday morning with local celebrity Ian Dakin leading the judges.

There will be trade stands with models, plants, spares, tractors & vehicles, and machinery. There will also be displays of stationary engines, tractors, vehicles etc. Tractor rides around the site will be available on Sunday 24th.

A marquee will be on site with a bar run by the Bull & Swan; a Hog Roast by Mr. Paul Barker using his own produce. Refreshments, teas and seating are also available. A raffle will be run by Mr. David Bird and a tombola will be organised by Kegworth Vintage Club. Geoff has already raised approximately £1,000 from donations and sponsors for the running of this event which is to raise funds for Diseworth & Belton churches and the County Air Ambulance.

COUNTRY MATTERS



by Liz Jarrom

SCREECHING OWLS

During the heat of July, I am sure that most of us suffered from sleepless nights due to the sweltering heat. Even with the windows wide open, we found it very difficult to sleep. In addition to this, we were disturbed by eerie calls and shrieks shortly after dusk and through the night.

It was fairly obvious that the noise was being caused by owls, but we weren't sure which type of owl. One night, after being woken up for the second time, I threw back the curtains to see if I could see the bird responsible for the calling. There, sitting not ten metres from our bedroom



window was
a ghostly
shape with
a heart
shaped
face. I saw
it clearly
before it
flew off
noiselessly
into the
night. It
was
quite
large,

but I still had no idea which type of owl it was.

After a little research, and a chat with people who know more than me about birds, we all came to the conclusion that I had seen a barn owl. On mentioning it to our son David, he confirmed that he had seen an owl sitting on one of our telegraph poles when he had visited about a month before. He was sure what he had seen was a barn owl. This news was very exciting as barn owls are quite rare in Leicestershire.

They are still very widespread over most of Britain, but due to the loss of many of the old fashioned barns which have been converted into houses. they have become much less common generally. Their favourite place to nest is on a ledge in a barn where 4 to 7 round white eggs are laid. They will also nest in a hollow tree. The eggs are brooded from when the first egg is laid. This results in all the chicks hatching in succession, so that the oldest chick is several days older than the youngest. When there are plenty of small mammals about,

all the chicks can survive, but if food is short, one or more of the youngest chicks may die or even be eaten by the older chicks.

Barn owls hunt on open farmland and heath land, and sometimes can be seen in churchyards. They screech, hiss or make a kind of snoring sound, especially during the breeding season. Barn owls are about 34cms tall, with a pure

white face and under parts. The upperparts are a warm yellow brown with a delicate patterning of brown and grey spots, and brown bars on the upper tail. For a few days, we could hear two or more barn owls calling, but now we only hear the occasional one, but I do feel very privileged to have seen and heard such a rare and fascinating creature.

Green Living 36

The aim of this column is to publicise good ideas for both the committed and the reluctant environmentalist. I don't have all the ideas so please keep writing to me and together we might just make a difference.

This month I want to consider alternatives to using the car. Cars are an integral part of modern life but we can use them without thinking. The school run is an obvious example. You

may need to use your car to get your children to school but you may also have just got into the habit of leaving it to the last minute and driving when you could have walked. Walking children to school isn't wasted time, it can be conversation time with your children. Also with so many children not getting the exercise they need a walk or cycle to and from school each day can only help.

A question to ask is whether there are public transport alternatives to regular and special journeys. Or could you cycle? A bus or train journey can be cheaper than using the car and far less stressful than sitting in a traffic jam or crawling through city traffic. There's also no need to find and pay for parking at the other end!

There is also something obvious that I've missed. Is the journey necessary? Could it be combined with another trip to or past the same place?

Please let me know your experiences of using alternatives to the car. I would particularly like to read your ideas on how we can use our cars less.

Nigel. envadvisor@yahoo.co.uk

LONG WHATTON & DISEWORTH PARISH COUNCIL NEWS.

The council is now up to strength again: in addition to the recent co-options of Andrew Cawdell and Derek Wiggins to fill the Long Whatton vacancies, we have appointed Lindsay Swinfield as our temporary clerk to cover for the continuing absence through illness of Nev Cheetham. Her appointment is initially for six months. She is already Clerk to Oakthorpe/Donisthorpe Parish Council, so she knows what she's doing.

Nev continues to make progress; though still in hospital at the time of writing, he should have come out some time in mid-August. The operation to remove a tumour in his throat has left him with no voice (possibly permanently), but he communicates well via his laptop computer, and has remained remarkably cheerful.

July and August have been quiet months, especially for Diseworth, due to the continuing closure of Grimesgate while remodelling of the junction with the A453 continues. I am sure cyclists will appreciate the work being done to improve their safety....when it's finished. I think the suggestion of a street party when it reopens was less popular than a street party while it's closed!

The Parish Plan questionnaires have gone out, and are already being returned. If you haven't filled yours in yet, do give it some time, so that we have a good and representative response. The Parish Plan team have worked very hard on this, and we should all be grateful to them.

Martin Hening

Please note our new (temporary) clerk to the Parish Council is:

Lindsay Swinfield, Barn 5, Home Farm,

Church Street, Swepstone, LE67 2SA.

Tel: 01530 173421

E-mail: lonwhatdisepc@hotmail.com

PARISH PLANS FOR LONG WHATTON AND DISEWORTH



The Questionnaires should have been delivered to all residents.

There are two, one for adults and one for young people between the ages of ten and eighteen years. Primary School students have made their comments in school

It is very important that the views of as many residents as possible are made known. The Service Providers of our villages are obliged to respond to the concerns if there are a high percentage of completed questionnaires. Over the last few months residents have been invited to attend meetings or make their comments known to the Parish Plan Group. The result is the long list of questions in the Plan. Traffic and Transport was probably the greatest concern, not just the speeding through the villages but also the dangers at Hathern Turn. Bus Services are also mentioned and the difficulties of getting to the doctors surgeries. Petty crime and vandalism are understandably another cause for concern and questions are also included about education, health and the environment.

The Youth Questionnaire highlights the value of the opinions of our young people. As the villagers of tomorrow their views count strongly especially on the matter of housing, youth services and transport. It is important that the Parish Plan group can make the voice of young people heard.

Very many thanks to those who have regularly attended the meetings in all weathers and made so many helpful comments. Jennie Beeby from the Leicestershire and Rutland Rural Community Council has worked very hard to ensure the questionnaires reflected the views of the villages. The Vice Chair, Secretary and Treasurer of the Parish Plan Group are also to be commended for the time and effort they have put into keeping the meetings and finances recorded. A generous number of residents have kindly agreed to deliver the questionnaires and now we await the outcomes. Hopefully most people will have responded on line which will help matters a lot, but those who have completed by hand will be analysed. The boxes for collection will be available until 17th September and there will be a collection box at the Diseworth Flower Show.

This is the opportunity to have YOUR say. Please do not miss it. If by any chance anyone has not received a Questionnaire please contact me and I will do my best to supply one.

DISEWORTH HERITAGE CENTRE

The Heritage Trust was thrilled to learn that its bid for support from the Heritage Lottery Fund has been successful, and a substantial Development Grant has been awarded. Over the next few months we



must prepare more detailed designs and costings, and Trustees and members are undertaking various forms of training, initially on project management, also on Museum work and other aspects of the proposed programme.

We will have our usual stall at the Diseworth Flower Show, so please come and visit us to learn more. To demonstrate local support to our funders, we are renewing our membership drive, so don't be surprised if you are approached. Of course any Trustee will welcome your interest, and remember that all donations and subscriptions can be swelled by 28% through the Gift Aid scheme.

Martin Hening

Appleby Magna Museum and Heritage Centre

A visit has been arranged on 12th September to visit the John Moore Foundation.

The original school building still stands, part of which is used as a Primary School. In the museum is a recreation of part of the Victorian Boys School as well as other items of historical interest.

The evening visit commences at 7pm with a short film and refreshments, followed by a tour of the museum and the extensive grounds which include an ancient bell and flower beds.

All are invited,

and it is important that the Museum Curator knows the approximate numbers.

The cost is £3 entry which includes light refreshments.

Please book as soon as possible by phoning Nikki Hening 01332 854637 or Geoff Smith 01509 842306. For those requiring transport an extra 50p will be charged per person for the driver of their car. On Tuesday 12th September meet at the Bull and Swan, Diseworth or by the Post Office in Long Whatton at 6.30pm.

Jackie's Kitchen wins County Award

On Thursday 17th August Dave Adcock collected the First Prize in the Village Venture Award organised by the Leicestershire and Rutland Rural Community Council Best Village Competition. The Village Venture Award is one of the most highly contested categories in the competition, sponsored by Calor Gas.



Dave Adcock receives the Village Venture Award and Martin Hening receives Highly Commended in the Best Village Competition 2006 from Lady Gretton, President of the Rural Community Council

Jackie's Kitchen is the memorial to Jackie Adcock who died last year, from her husband Dave and family. It was a fine achievement when the village turned out and supported the Adcock family to create an entirely new kitchen for the Village Hall. When the Parish Council entered the Best Village competition this year, Jackie's Kitchen was put forward for the Village Venture category. In his presentation to the judges Dave explained how the cash was raised through the concerts and donations and other fund raising and how all the labour was willingly volunteered. It is very nice for all those residents who helped the Adcock family to know their efforts have been recognised at County level. Diseworth was also awarded a Highly Commended Prize in the Best Village category. Lady Gretton, President of the Rural Community Council, in her address, commented on the large number of villages that had entered and the high standard of the entries. Garry Bryant from the Government Office, East Midlands also spoke at the event which was held at County Hall, saying it showed that people in rural areas do care about their villages. After the presentations the large audience were invited to a grand buffet to celebrate the successes.

Summer in Diseworth 2006



The Dialogue Committee said a fond farewell to Judy Keane at their July/August collating meeting. She was given a card signed by all the committee members and Jim Snee presented her with flowers beautifully arranged by Iris Tebbutt



David Taylor calls in for coffee



Muriel Howe assists Lynne Hopkin from W Australia to find the graves of the Annibal Family, ancestors of her late husband. Lynne commented on the welcome and friendliness she had received in Diseworth and how pleased she was to be able to photograph the headstones some of which date from the early 1800's



Enjoying the Millenniuim Meadow Summer Picnic



Diseworth School presented Dave Adcock with a certificate and a box of goodies to say thank you for all his help with the new foundation stage playground with its decking and playhouse.

Team members with their medals.



Diseworth School pupils took part in the inter schools sports day held at Kegworth School.



Bethan aiming the shot put



Lucy enjoying the day

Diseworth Open Flower Show 2006

Saturday September 9th Village Hall, Hall Gate Gates open at 2pm

Pony Rides

Tombola

Skittles

Raffle

Millennium Meadow Stall

Wings Stall

Heritage Centre

Information Stall

Playgroup Games

Hall opens at 2.30pm for viewing of exhibits Teas served from 2pm Presentation of Prizes 3.30pm

approx

Steam Engine Display Sale of Produce 4pm with engines from Long Whatton

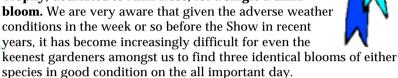


Diseworth Open Flower Show

This year's Flower Show, on **Saturday, September 9**th will include a very special attraction, the steam traction engine "**Robin Hood**" from the collection of the Dockray family of Long Whatton.

There are a number of innovations this year – new classes and small changes to some rules and conditions.

The "Flowers" section features two completely new classes – one for a single 'perfect' Rose, and one, for which there will be a new Trophy, dedicated to Alan Rose, for a single Dahlia



Also – the "Any other cut Flower" class has been changed to "3 Sunflowers". These can be of any variety or type of Sunflower – we know that many people now grow the multi-headed ones, but should comprise three of the same type.

The "Flower Arrangements" – Class 17 for "A Special Occasion" can include any accessories (statuettes, fabric, ribbon, etc) you wish. Class 19 is a small arrangement of fresh flowers & foliage in a teacup (with or without a matching saucer). Class 18 can be absolutely anything of your own choice, and any size (within reason, please!). **The ban on using artificial flowers (rule 7) has been lifted.**

On the Monday evening of the week before the Show – the 4th, the Women's Group have arranged to have a Flower Arranging Demonstration meeting so that the less competent, or confident, among us may gain some useful help and advice. See their page for further details.

Also, please note that this meeting is not on their usual 2nd Monday of the month, but on the 1st Monday.

The Children's flower arrangement **Class 67**, this year uses a small glass vase, which should be about 10 – 12 cm (4 in) high and not too wide. If you want to enter this class, but have no vase, **Nikki Hening has a stock of suitable vases which you can borrow.** Contact her (853647) or Pat Guy (811119) in the week before the Show. We shall bring any spares to the Hall on the morning of the Show.

There are **new classes for both Children and Adults involving the production of a home-made Greetings Card**. This can be for a Birthday, Get Well, Special Anniversary, Christmas or whatever occasion you like. We have also introduced a **Computer-based class for Children**, involving the creation of a work of art with a "Flower Show" theme **with the aid of your computer**. You

may interpret the theme as loosely as you wish. All the other usual Children's classes are there.

There are also changes to the Photography classes. You can still enter up to 5 items in each class, but **for the first time, a minimum size limit is being introduced for two of the classes.** Class 54 is to be an essay in **Portraiture**, and Class 55, a **Still Life**, using any inanimate object(s) you wish - both of these to be a minimum size of 10 x 8 inches (or nearest metric equivalent approx. 250 x 200 mm). The subject of the Portrait does not have to be human. We are advised that Tesco and other establishments do enlargements using digital technology at a very reasonable cost. The third class is our usual fun class – this time entitled **"My Bad Day"**, and **can be any size you like**. Prints may be framed or unframed

The "Home Made Produce" classes are very similar to last year, with just the change to the 'Diseworth Men Only' class, Class 40. This time we have chosen Sausage Rolls as the subject, a test of your pastry-making skills, which we know are considerable

There are no changes to the "Fruit and Vegetable " classes and our hopes for a good growing season have not been fulfilled. So far it has been a strange mixture of long, cold winter moving almost straight into heat-wave and drought, not ideal for any gardener! If all else fails – why not try the **Model Garden (Adult)** class – No.60!

In addition to the usual Tombola and PlayGroup activity, there will be a number of stalls selling various items at the Show, including Home-made **Cards**, a Millennium Meadow **Plant Stall** and, for the first time, one selling **Crystals** and related products. In the wake of its **recent Lottery success**, the Diseworth Heritage Trust will put on a particularly interesting display – including the details of the **plans for the restoration and development of the Baptist Chapel**.

I should also like to make an appeal for help in the efficient conduct of **the Raffle** at the Show. Many prizes are not chosen on the day because the winners are no longer in the Hall. I then have to trace winners all around the area and arrange for them to receive their prizes in the week(s) after the show. As I go on holiday immediately after the Show, this is difficult. I am therefore **appealing** to people **either to stay for the Draw**, which normally takes place at about 3.45pm, **or to leave their tickets with a friend** who knows which of the prizes they would prefer and who will take charge of the prize on their behalf.

The main beneficiary of this year's Show will be the Parish Church's Disabled Toilet Fund.

Pat Guy

DVALOGUSE DVSPATCHIES



Congratulations

to David Jarrom who is currently studying for a PhD in Biosciences on being presented with third prize at the annual awards

for Young Biochemist of the Year in Glasgow on Wednesday July 26th 2006.



A Coffee Morning will take place on Saturday, 23rd September in church from 10am to 12 noon. As well as the fair trade stall there will be a bric-a-brac and

bring and buy stall. Please come along.

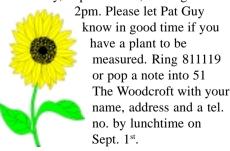
Extra copies of the

Diseworth Dialogue

will be on sale in both
The Plough and The Bull & Swan and
also in Long Whatton Post Office

Sunflowers

It is planned to measure Sunflowers, in their gardens as usual, on the afternoon of Friday, September 1st, starting at



News From Nev

First the good news:

at the time of writing ($15^{\rm th}$ August) I am at home, having been expelled from the DRI's Ward 16 four days ago.

The bad news is that I'm still not able to eat or drink normally so have to feed myself through a tube. I also don't have a voice but, subject to a test on 23rd August, I may be getting a basic mechanical model then. This is to be followed by five to six weeks of radiotherapy five days a week.

Can I use this magazine's pages to thank those residents and groups in both villages who sent cards, messages and emails whilst I've been in hospital and since. You have no idea how much of a morale boost it is to know that people are bothered.

One thing I've been working on is an article titled "Twenty things to do when you lose your voice." The first is *Think:* this is probably the first time in your life you'll have done this before opening your mouth. Other suggestions?

I know that the Council's in good hands with Lindsey, your locum Clerk, and I hope that during the next couple of months during my continuing treatment and convalescence that I'll be able to get over to the parish and see a few people.

Again, thanks.

DVALOGUE DVSPATCHIES

If you have items for the OCTOBER ISSUE of the *Dialogue* please give to a committee member or email to sue@cbrompton.fsnet.co.uk and admin@airnig.co.uk

There is **NO CHARGE** to put items into the magazine - (except the yellow pages). Please share with us your stories and announcements.

PLEASE MEET THE DEADLINE OF THE 7th September

Please contact Julia Sillitoe if you'd like photos taking of any events in the village to accompany your articles.

tel: 01332 853308 or email julia@sillitoe.com

Welcome to Diseworth

David and Angela
Dolphin to Lady Gate

Diseworth Flower Show -

Saturday,

September 9th. If you have not yet had a copy of the full Show Schedule, or if you would like extra copies for friends or family, do please contact Pat Guy – 811119.

LOOK IN YELLOW PAGES FOR THIS MONTH'S NEW ADVERTS

Mobile Beauty Therapy

Bridal Make – up, Nail Extensions, Manicure, Pedicure, Waxing, Facials, Aromatherapy and much more

Phone Joanna on 07751925247

Melbourne House Furnishings

Suites made to measure

Recovers

Large Show Room - 20 suites on display at all times

House calls welcome Friendly helpful advise Call Martin on 01332 872255

For Sale
New Tricity Bendix
4 Ring Stainless Steel
Gas Hob £60
01332 812246



MOBILE LIBRARY

The Mobile Library comes to Diseworth on alternate Fridays and stops for 15 minutes at six places in the village: 11.40am at Page Lane followed by The

Woodcroft, The Bowley, Hallgate, Brookside and

finishing in Clements Gate at 14.05. The dates are 8th and 22nd September.

The contact number for the mobile library is 01530 835951.

The Royal British Legion (Diseworth Branch)





On the 29th June 2006 at the Bull and Swan, Diseworth the County Chairman of The Royal British Legion, Mr Jim Rowlinson, presented Poppy Appeal Awards to Mr Alan Yeates - 55 years, Mrs Rosemary Smith - 47 years, Mrs Wendy Woolhouse and Mrs Suzanne Yeomans, both 15 and 20 years merit badges and Mrs Madeleine Linthwaite 5 and 10 year certificates of appreciation.

The awards represent many years of volunteering to sell poppies for the Royal British Legion in and around Diseworth, over £1300 was raised last year. Barry Smith (Hon Sec)

To See This Month

As we predicted, many of the plants that were cut in June have grown on well and are still flowering, well after their usual season. They will have an even better chance than usual of seeding themselves around the field as there is less competition from long, thick grass. The white Musk Mallow in the centre of the field has been spectacular and there is a large patch of the pink variety nearer the gate. There is also a lot of Bird's-foot Trefoil (Eggs and Bacon) up at the top of the field.

This is the food plant of the Burnet Moth – about 2cm long, with metallic dark-blue wings with red spots. The caterpillars are stripy green and cream. Another similarly-coloured moth is the Cinnabar, which when it flies, flashes bright red under-wings at you. Its caterpillars are striped yellow and black. They eat Ragwort leaves so we allow a few plants to survive each year. They should not generally be encouraged as they are an 'Official Weed' and poisonous to animals.

Diseworth Millennium Meadow

The Millennium Meadow is available for use by all inhabitants of Diseworth and Long Whatton at any time. It is the perfect place for a quiet stroll, especially in an evening at this time of year – or, very early in the morning.

If you plan to have a picnic there, please do. Just let us know in advance if a large gathering is planned.

Dogs are welcome in the Meadow provided they are under control and not allowed to foul the site. The small gate is always unlocked. Please ensure it is secured when you leave.

Contact: Pat Guy 811119.

Millennium Meadow Picnic

The day chosen for the Picnic Open Day at the Meadow was perfect weather-wise, and those who came to take advantage of the site had a most enjoyable time. Groups of friends were there from noon through to about 7.00pm, equipped with hampers and stout rugs, suitable refreshments and even a 'one-time barbeque'.

The Meadow looked particularly good, having recovered well from the cut in June. Because of the dry weather the grass has not grown too much but there are plenty of flowers. All the trees were labelled for the occasion. In future years we hope to make a regular feature of this high Summer picnic, and also to have at least two other similar, designated days, one in spring when the Cowslips are flowering, and another, perhaps at Mid-Summer, depending on when the grass is cut. Look out for the notices.

KEGWORTH VINTAGE AGRICULTURAL CLUB AND THE FORD & FORDSON TRACTOR ASSOCIATION

ARE HOLDING A

FORD & FORDSON WORKING WEEKEND

AT DISEWORTH SEPTEMBER 23rd & 24th

By Kind permission of Mr & Mrs G. Bonser & Mr & Mrs D. Bird

COLLECTIVE AUCTION – SATURDAY

CHARITY PLOUGHING MATCH - SUNDAY

PROCEEDS TO COUNTY AIR AMBULANCE & DISEWORTH CHURCH

TRADE STANDS * HOG ROAST * BAR

REFRESHMENTS * TOILETS



Oh-To be In Diseworth!

Oh to be in Diseworth
On a balmy Monday night
With all the church bells ringing
We can believe the world's alright.

We can forget about the guns of war, The crime that stalks our streets, The millions of children dying abroad With no water or food to eat.

For just a short while on one night of the week
We can let our thoughts drift away,
To childhood memories by the sea
And dream of better days

Oh - to be in Diseworth!

Les Brown

SNAP THIS!



Where in the village am I?
Answer in the October Dialogue



The answer to the July/August 'Snap This' was the war memorial at the church

photograph Julia Sillitoe



Kids at the airport are 'Up in the air'!

A new resource pack has been designed for the Airport to help primary school children learn about science and the environment on our site.

The airport and the Aeropark are always popular for schools to visit and the Aeropark has had lots of groups visiting over the summer. The Community Relations team is working hard to develop education resources for schools and education providers but one resource is already available.

The 'Up in the air' resource pack was designed in conjunction with South Derbyshire Environmental Education Partnership for use by key stage two pupils in primary schools, focussing on environmental and science topics.

The pack itself is divided into five sections, Sound, Trees & Landscape, Flight, Weather and Creatures. Each section contains all the equipment and activity cards for five exciting lessons on these topics which can be done at school or on the Aeropark and the airport trail.

Any school which wishes to book out the pack can do so by contacting the Community Relations team on 01332 852801, a £30 fully refundable deposit is required.

Discover the local countryside with new Airport walks.

Two new guided walks have been designed and waymarked by the Airport in partnership with Groundwork Erewash Valley and Leicestershire County Council to celebrate the local area and to encourage walking as a great way of staying healthy.

Many local residents take advantage of the Airport trail which runs around the whole of the Airport site, taking in the Aeropark, picnic area and some great views of the runway.

The two new walks take in Castle Donington and Diseworth respectively with local landmarks used to guide walkers on their way.

Walk 1 is a 7 km (4.5 miles) circular walk taking in the history and architecture of Castle Donington as well as a section of the airport trail. The trail on the North side of the airport includes the existing art on the trail and the site of the next piece, due to be commissioned soon.

Starting and finishing in Diseworth, walk 2 is shorter 5.75 km (3.5 mile) and takes in views of Beacon Hill and the surrounding countryside. The farmland in this area supports a range of wildlife including song birds and hunting birds such as Buzzards and Kestrels.

Copies of both the airport trail and the new walks are available from the Community Relations team at the airport by calling 01332 852801 or emailing community@nottinghamema.com.

31

Patient and Public Power

Have you heard of the Patient and Public Involvement Forum? Do you know that you can have your say on the day to day operation of the National Health Service? Do you know that you can influence wider public health issues such as: Diabetes; MRSA infection; Smoking in public places, Mental Health?

Have you answered no to any of these questions? Then read on!

The Patient and Public Involvement Forums (PPIF) are independent groups made up of volunteer members of the public who identify the weak – and the strong – points of their local NHS services. The Forums enable all sections of the community, including underrepresented groups such as ethnic minorities, to make their opinions on the NHS known.

There is a Forum independently monitoring services for each NHS Trust and Primary Care Trust in every city and county. In Leicester and Leicestershire there are two NHS Trusts and four Primary Care Trusts. The Forums look at local issues. For example, in the past two years, the Forum for Charnwood and North West Leicestershire has addressed the issues of:

- Access to G.P.s and N.H.S. Dentists
- The Out of Hours Services
- · Hygiene and Infection Control
- · Inspections of 3 Community Hospitals and a Local Walk-In Centre.

Some of these issues have been completed while others are continuing or ongoing.

The PPIF does not handle complaints but will advise individuals who have a complaint, who to contact and the best action to take. They only deal with issues specific to the NHS Trust that they monitor. If you have been unable to get a complaint dealt with, contact the Patient Advisory & Liaison Service - PALS (See contact details below). The Forums usually meet once a month. Some of these meetings are in public, which anyone can attend and observe the proceedings. These meetings are advertised in the local press a minimum of 7 days before they are due to be held. The Forums are backed by statutory law and in that respect they have the powers they need to perform their duties.

To contact your local Forum or to find out how to become a member and get involved, contact:

P.P.I.F. Support Organisation, The Carers Federation, Threadneedle House, 27 Copdale Road, Leicester. LE5 4FG Or call Jon Davis on 0116 273 6506/6549 E mail j.davis@carers federation.co.uk

(PALS).

Charnwood & North West Leicestershire PCT, Loughborough Hospital, Epinal Way, Loughborough. LE11

Tel: 01509 564 444

HAPPINESS, IS IT REALLY ATTAINABLE

There is no doubt that if asked, everyone would very much like to be happy, but what is happiness and how can we

obtain it. Most people say that money would make them happy, but it may not be the actual money that they desire, but the freedom and choices it would bring. For example, not having to work, buying all the material things desired and travelling the world, but the papers, magazines and television are filled with rich, privileged people who are obviously not happy.

I saw a television program where a couple were interviewed a few years after they had won several millions on the lottery. They said that initially the money had made them very happy as they could have whatever they wanted. But after a while the effect wore off, because once a certain level of comfort had been established, extra money did not bring an increase in happiness. This seemed to be the crucial point.

Happiness appears to be an internal thing, a state of mind that can be learned and cultivated on a daily basis. Anyway is happiness all it's cracked up to be, after all, we all love a moan. Well, interestingly enough, happiness is very important to our quality of life and the length of time we live. Scientific research has shown that unhappy stressed individuals suffer damage to a part of their DNA called telomeres. This can lead to the early development of life threatening disease. The scientists concluded that being happy

could add 9 years to life expectancy. So how do we find the magic formula for happiness? From reading books and observing and talking to people who seem to be happy, I have picked up various points that seem to lead to happiness.

Live now, in this moment, without worrying about the past or the future. Use the senses to focus on the now. What can you see and hear at this present time? With practice it becomes easier, but must be done again and again until it becomes automatic.

Feel grateful for even the smallest thing such as the warmth of the sun, beautiful flowers in our garden, the health of family, food on the table, friendship, even having a warm pair of boots to wear if it is raining and so on.

We paradoxically cannot be happy all the time. Some times we will feel negative about someone or some circumstance. Feel the negative emotion and decide if a solution can be found. If not, accept the situation and move on, later by observing the problem, a positive outcome may be possible.

Slow down the pace of life and find a little time each day to detach from all worries and cares. Do a crossword, read or listen to a calming piece of music.

Finally, at the end of the day, focus on what has been achieved, not on what has not been done.

Liz Jarrom

Who would have believed it!!! Sheila retired



All the gang at the Bull & Swan wish Sheila a Very Happy RETIREMENT

Derek, Sandra, Steve, Claire & Piers wish to personally thank Sheila for the great support through some emotionally uncertain times, and hope that you enjoy your retirement. If you ever feel bored there is always a pinny waiting!!!!

THANKYOU FOR EVERYTHING xxxxxx



Womens' Group



Monday August 14th, the rain clouds threatened most of the afternoon but the evening was warmer than forecast and our barbeque on the lawn at Village Farm proved a great success. David Cherry and Ian had the barbeque stoked up in no time at all and a variety of meats duly found their way on to

plates filled with tasty salads and hot buttered potatoes prepared by members to whom we are truly grateful.

By 9.30pm the air had chilled and the daylight had gone but it had been a chance to catch up with old friends and enjoy good food and wine. Sincere thanks to all helpers!

September 4th Monday Flower arranging workshop

The first Monday in September, please take note! We have changed this evening to precede the Flower Show. Shirley Blyth will demonstrate and teach the basics of a triangular arrangement and also show an arrangement in a teacup. Come and have a go and produce an exhibit to show on the big day!

The show entry classes we are centring on are as follows:-

- An arrangement of your own choice any materials, no size limit
- An arrangement of fresh flowers and foliage in a teacup- plus saucer if wished.

You will need; Kitchen scissors Newspaper A container (preferably not a vase) to hold oasis and water Flowers and foliage to suit.

Hopefully, there will be some spare materials around to add variety

Any problems please phone me,

Sheila Dakin 810858

Three Girls in a Canoe



It was a very hot day in July. We three girls decided to go canoeing, well at least two of them did and I was taken along for the ride. We loaded up the car and proceeded to Zouch which we thought would be a good place to launch our vessel. I was slightly apprehensive, as I had never been canoeing before, but felt safe in the knowledge that my two older companions were experienced and well trained in this sport. Also having their open water life saving certificates helped.

We were ready to push off from the side and I was coaxed gently into the boat being made to sit on an old towel between my two companions. The water was calm and clear. It was hard to believe we were only a few miles from home as the scenery was quite lovely.

A few hundred yards down stream I indicated that I needed to get out of the canoe quite desperately so we pulled over to the side, where I leapt into the shallow water. Oh! The excitement! I was so happy! I ran up and down splashing water everywhere then jumped up onto the bank and had a wee. After this I was told to get back into the boat. We paddled on down stream. As we rounded a corner we came upon a flock of Canada geese. This was scary as they were all across the river, but my trusty paddlers negotiated the obstacle and all was well.

I was just getting used to this canoeing lark when I was put onto the bank and told to run along it while the canoe travelled on down stream. When we reached the Otter Public House where we decided to have lunch, I got back into the canoe to go across the river. I must say I was easily the most nimble at climbing out onto the landing stage.

After sharing a few tasty morsels I jumped easily into the canoe while the other two clumsily lowered themselves into it, and we began our return trip.

All of a sudden I saw a huge bird by the waters edge, "look at that heron" I heard shouted from the back of the boat. Even though we were in the middle of the river I couldn't help myself, throwing caution to the wind I leapt straight into the water, surprisingly the canoe didn't tip up. I used to think I wasn't very good at swimming but I found myself doing an excellent stroke. I didn't catch the heron, it flew off, and I was left stranded on the bank. I need not have worried, the canoe was brought to the bank and the other two crawled up the bank hanging onto the grass, this was not a pretty sight, but we all needed a rest after the excitement.

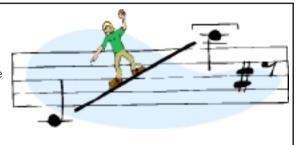
The last bit of our journey passed by uneventfully and we were soon loading the canoe up onto the car.

What a day it was, I will definitely be going canoeing again. When we got back I slept and slept.

An Unusual Canoeist, July 2006.

Music News

It was practical music exam time again in June and several young people in Diseworth sat their piano exams. This time was more daunting than previously as the examiner herself had a



moderator with her. Everyone did very well though.

Josh Bunyan sat his Grade 3 piano exam and gained a merit, Charley Agar passed her Grade 3 and Meghan Moore took her Grade 5 and passed with a merit mark.

I omitted to include in the May Dialogue those people who had done practical exams at the start of April, so I intend to put that right now. My apologies to all.

Sam Bunyan sat his Grade 2 piano and passed with a merit; Lauren Bannister took her Grade 3 piano and also passed with a merit; Meghan Moore passed her Grade 5 flute.

Congratulations to you all.

Janet Moorhouse

STROKE: Remember The 1st Three Letters... S.T.R.

A cardiologist says if everyone who gets this e-mail sends it to 10 people; you can bet that at least one life will be saved.

STROKE IDENTIFICATION:

During a BBQ, a friend stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) and just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food - while she appeared a bit shaken up, Ingrid went about enjoying herself the rest of the evening. Ingrid's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00pm, Ingrid passed away). She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Ingrid would be with us today. Some don't die. They end up in a helpless, hopeless condition instead. It only takes a minute to read this... A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

Thank God for the sense to remember the "3" steps, STR . Read and Learn! Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

- S * Ask the individual to SMILE.
- T * Ask the person to TALK to SPEAK A SIMPLE SENTENCE (Coherently) (i.e. . It is sunny out today).
- R * Ask him or her to RAISE BOTH ARMS.

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out their tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke. If he or she has trouble with ANY ONE of these tasks, call 999 immediately and describe the symptoms to the dispatcher.

Directory of Useful Numbers

BBC East Midlands 0115 955 0500

www.bbc.co.uk/england/eastmidlandstoday/

 BBC Radio Derby
 01332 361111

 British Gas - Service
 0645 605040

 Gas Escape Emergency
 0800 111999

Castle Donington Community College 01332 810528

postroom@castledonington.leics.sch.uk

Castle Donington Volunteer Bureau 01332 850526 Chemist, Gerald Porter, Castle Donington 01332 810213 Curzon Cinema Loughborough 01509 212261 Derby City Hospital 01332 340131

Derby Playhouse 01332 363275 www.derbyplayhouse.co.uk

Derby Royal Infirmary - accident & emerg 01332 347141 ext 2170

Derbyshire Children's Hospital - emergency (health emergencies not caused by injury) ext. 6808/6809 Diseworth C of E Primary School 01332 810208

Doctor's Surgery -

Health Centre, Castle Donington
Orchard Surgery, Kegworth
01509 674919

East Midlands Airport 01332 852852 www.nottinghamema.com

East Midlands Electricity emergencies 0800 056 8090 customer services 0800 363363 Environment Agency 0800 807060

Kinchbus 01509 815637. www.kinchbus.co.uk

Loughborough Hospital 01509 611600

NHS Direct 08 45 46 47 www.nhsdirect.nhs.uk North West Leicester District Council 01530 454545 www.nwleics.gov.uk

Nottingham Concert Hall 0115 989 5555 Nottingham Playhouse 0115 941 9419 Nottingham Royal Centre 0115 989 5555

www.royalcentre-nottingham.co.uk

 Police
 0116 222 2222

 Post Office - Long Whatton
 01509 842264

 Queens Medical Centre, Nottingham
 0115 924 9924

 Radio Trent
 0115 952 7000

 Severn Trent Customer Service
 08007 834444

Skylink 0115 9506070 www.skylink.co.uk
Traveline - for all public transport information0870 608 2 608 www.traveline.org.uk

If you have any suggestions for useful numbers to be included in this directory, please let any committee member know. It's your magazine!

The beat constable for the parish is PC 2012 Zeique Robinson. He can be contacted on 0116 248 5675 and then entering his number 2012.

Village Directory

Organisation	Contact Person	Telephone No
Book Worms	Sandie Moores	01332 812629
Brownies	Jane Lindley	01332 810796
Diseworth Village Hall	Dave Adcock	01332 850337
Flower Show	Pat Guy	01332 811119
Friends of Diseworth School	Jane Hughes	01332 850994
Guides	Sandie Fletcher	01332 811143
Heritage Centre	Martin Hening	01332 853647
History Society	Joyce Leech	01332 812044
Millennium Meadow	Pat Guy	01332 811119
Neighbourhood Watch	Noel McGough	01332 811362
Playgroup & Toddlers	Katrina Paling	01332 811362
Scouts & Cubs	Jenny Buckle	01509 842593
Soar Valley Twinning Assoc.	Sheila Hawksworth	01509 568793
W.I.N.G.S.	Erica & Andy Foxall	01332 811689
Womens' Discussion Group	Liz Jarrom	01332 810358
Womens' Group	Sheila Dakin	01332 810858

Diseworth Village Hall

If you would like to book the village hall please contact Dave Adcock. He will make arrangements for the provision of keys at the appropriate time.

9 Page Lane, Diseworth. 01332 850337

NEIGHBOURHOOD WATCH CONTACTS

CO-ORDINATORS:

Noel McGough, 28 Lady Gate. 811362 Barry Smith, 18 Hall Gate. 812600 Mike Keane, 10-14 Clements Gate. 812863 Sandie Moores, contact person for Lady Gate. 812629

YOUR LOCAL PARISH COUNCIL

The role of your Parish Council is to safeguard the amenities of the village, e.g. Highways, Lighting, Drainage, Road Signs and Planning matters. Current Planning Applications affecting the village are available for inspection, by arrangement, with the Clerk, Nev Cheetham, 15 Victoria Road, Draycott, DE72 3PS, telephone 01332 874234 or by e mail longwhattondiseworth@msn.com

Please visit the web site at www.longwhattondiseworth.org.uk

If you wish to discuss any matters of concern, please contact your Parish Councillors.

Martin Hening, 9 Clements Gate, Diseworth DE74 2QE
Sue Roberts, Chapel Farm, Hall Gate, Diseworth DE74 2QJ
01332 810813
Kevin Brown, 10 Grimes Gate, Diseworth DE74 2QD
01332 850910
Derek Wiggins, Bull & Swan, Grimes Gate, DE74 2QD
01332 343643
Andrew Cawdell, 58 The Green, Long Whatton LE12 5DB
01509 843273
Vicky Collins, 12 Main Street, Long Whatton LE12 5DG
07796 444172
Mary Hobbs, 24 Main Street, Long Whatton LE12 5DF
01509 842486

Parish Council meetings are held at 7:30 pm on the first Thursday of each month, alternately at Diseworth Village Hall and Long Whatton Community Centre.

Please note our new (temporary) clerk to the Parish Council is: Lindsay Swinfield, Barn 5, Home Farm, Church Street, Swepstone, LE67 2SA.

Tel: 01530 173421 E-mail: lonwhatdisepc@hotmail.com